

# CALENDAR OF EVENTS

# 2024

## JANUARY 31

### WISH Member Mixer

Tour of Banner Health Center *plus* Arcadia followed by a presentation and reception next door at JLL

**Guest Speaker:** Dr. Janna Assar

**Location:** 4200 E. Camelback Road, Phoenix

## MARCH 13

### Breaking News: It Might Not be the Ice Cream! How Women's Endocrine Systems Affect Weight Gain

**Guest Speaker:** Dr. Christian Nasr, Division Chief of Endocrinology, Banner - University Medical Center Phoenix

**Location:** Paul Martin's American Grill, 6186 N. Scottsdale Road, Scottsdale

**Time:** 11:30 a.m. - 1:30 p.m.

## MARCH 20

### New Member Orientation

Virtual presentation to welcome new members

**Location:** Zoom

**Time:** 11:30 a.m. - Noon

## MARCH 27

### Evening of Gratitude - Phoenix

Cocktail reception and live entertainment

**Location:** Mountain Shadows

5445 E. Lincoln Drive, Paradise Valley

**Time:** 5:30 - 7:00 p.m.

## APRIL 19

### Food is Everything: Integrative Nutritional Health

\*Members only event

**Guest Speaker:** Dr. Kothandapany Shalini, Internal Medicine - Banner Health Center

**Location:** Zoom

**Time:** 11:00 a.m. - Noon

## MAY 9

### Elevate Your Heart IQ: Breakthroughs in Cardio Care

**Guest Speaker:** Dr. Roderick Tung, Director, Cardiovascular Center at Banner - University Medical Center Phoenix

**Location:** Paul Martin's American Grill, 6186 N. Scottsdale Road, Scottsdale

**Time:** 11:30 a.m. - 1:30 p.m.

## OCTOBER 22

### Taking Care of Community: Amy Perry Leads Banner Health into New Era

**Guest Speaker:** Amy Perry, President and CEO, Banner Health

**Location:** Paul Martin's American Grill, 6186 N. Scottsdale Road, Scottsdale

**Time:** 11:30 a.m. - 1:30 p.m.

## NOVEMBER 17

### Breathe Balance Brunch WISH Women's Wellness Retreat

Brunch, health presentations and wellness activities.

**Keynote Speaker:** Dr. Debra Wickman, Obstetrics and Gynecology

**Location:** Banner Sports Medicine & High Performance Center, 7400 N.

Dobson Road, Scottsdale

**Time:** 10:00 a.m. - 2:00 p.m.

## DECEMBER 5

### WISH Allocation Meeting

\*Members only event

**Location:** Banner University Medical Center - Phoenix,

1111 E. McDowell Road, Phoenix

**Time:** 2:00 - 5:00 p.m.